

Custom Outdoor Saunas, Built The Finnish Way

We avoid using materials in the sauna room that could emit unhealthy or harmful vapors, such as plastic products or treated wood, etc. All lighting inside the sauna room is heat rated, designed especially for saunas. Light switches and heater controls are placed outside with a waterproof rain cover.



Heat rated lighting



**Exterior light switch
w/ rain cover**



Ventilation

Ventilation details are important, if you're looking for a comfortable sauna experience and a sauna built to last. Our saunas are standard with wall vents, plus a floor designed for ventilation and drainage. This vent system ensures comfortable and even heat distribution. After each use, be sure to open all vents to allow your sauna to air out.

Built the Finnish way, with 2x4 construction, Rockwool insulation (high moisture tolerant), vapor barrier, furring strips, and Western Red Cedar. Our outdoor saunas are designed for health, comfort, and longevity.



**16" O.C. 2x4 construction
Rockwool insulation**



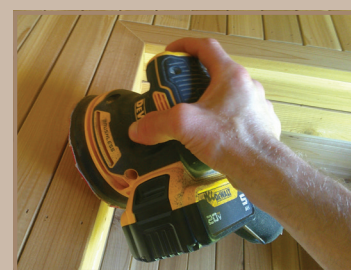
**Foil vapor barrier
furring strips**

Looking for a comfortable sauna experience? 2-level benches add increased comfort and even heat distribution.

We use Western Red Cedar for all the interior, the floor, walls, ceilings, and benches. Stainless steel nails are used to fasten the cedar. For the floor, we use 5/4 cedar deck boards fastened with stainless steel screws. Sharp edges are carefully sanded, providing a smooth, splinter-free surface.



**2-Level cedar benches,
cedar floor, wall & ceiling**



Smooth, splinter-free surface



Easy temperature adjustment

Temperature and humidity can easily be adjusted by opening the vents, changing the temperature setting on the heater controls, or by adjusting the amount of steam. Real steam is created by pouring water over the heated rocks. We recommend starting with small amounts of water (1/2 cup or less) and adding more as needed, to reach your desired level of humidity.