



Outdoor Saunas

Custom Outdoor Saunas, Built The Finnish Way

We avoid using materials in the sauna room that could emit unhealthy or harmful vapors, such as plastic products or treated wood, etc. All lighting inside the sauna room is heat rated, designed especially for saunas. Light switches and heater controls are placed outside with a waterproof rain cover.



Heat rated lighting



**Exterior light switch
w/ rain cover**



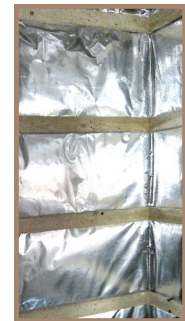
Ventilation

Ventilation details are important, if you're looking for a comfortable sauna experience and a sauna built to last. Our saunas are standard with wall vents, plus a floor designed for ventilation and drainage. This vent system ensures comfortable and even heat distribution. After each use, be sure to open all vents to allow your sauna to air out.

Built the Finnish way, with 2x4 construction, Rockwool insulation (high moisture tolerant), vapor barrier, furring strips, and Western Red Cedar. Our outdoor saunas are designed for health, comfort, and longevity.



**16" O.C. 2x4 construction
Rockwool insulation**



**Foil vapor barrier
furring strips**

Looking for a comfortable sauna experience? 2-level benches add increased comfort and even heat distribution.

We use Western Red Cedar for all the interior, the floor, walls, ceilings, and benches. Stainless steel nails are used to fasten the cedar. For the floor, we use 5/4 cedar deck boards fastened with stainless steel screws. Sharp edges are carefully sanded, providing a smooth, splinter-free surface.



**2-Level cedar benches,
cedar floor, wall & ceiling**



Smooth, splinter-free surface



Easy temperature adjustment

Temperature and humidity can easily be adjusted by opening the vents, changing the temperature setting on the heater controls, or by adjusting the amount of steam. Real steam is created by pouring water over the heated rocks. We recommend starting with small amounts of water (1/2 cup or less) and adding more as needed, to reach your desired level of humidity.

Frequently Asked Questions

Do saunas need a foundation?

Every sauna needs a solid, level foundation. Most homeowners choose a compacted gravel pad or a concrete slab. Both options provide the stability your sauna needs to perform well and last for years.

Do wood-fired heaters perform better than electric heaters?

Choose wood-fired if you value an authentic Finnish sauna experience, off-grid capability, richer heat and steam, if you enjoy stoking a fire, and have time for preparation and maintenance. Choose electric if you prioritize fast, convenient, precise heating and low maintenance. Both perform well and provide similar health benefits.

Do glass walls hold enough heat for winter use?

Glass walls perform well in most climates. For colder climates, we recommend choosing a large, insulated window and insulated door, rather than a glass wall.

What's the difference between a barrel sauna and a traditional Finnish sauna?

Saunas built with traditional Finnish standards have proper ventilation, air flow, and multi-level benches for a more comfortable sauna experience, and are designed for lasting durability. Barrel saunas prioritize visual simplicity and are more economical.

Do you offer custom-built saunas?

Yes, we can work with homeowners to design and build a custom outdoor sauna.

How often should I use the sauna?

For most people, using your sauna 2-4 times a week delivers great results. Aim for sessions between 15 and 30 minutes to experience the full benefits of consistent heat exposure. If you have underlying health concerns or medical conditions, it is wise to consult your healthcare provider to determine what level of use makes sense for you. The goal is steady and consistent progress, not pushing limits.

How long does it take for the sauna to heat up?

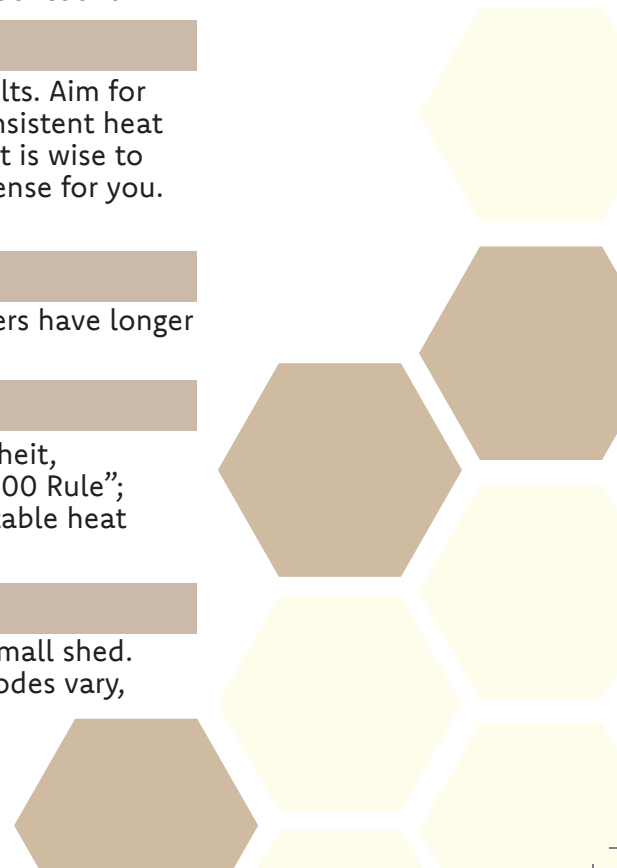
With electric heaters, it usually takes 30-45 minutes. Wood-fired heaters have longer warm-up times usually 45-60 minutes.

How hot is a sauna?

A traditional sauna typically runs between 160 and 200 degrees Fahrenheit, delivering the deep, steady heat most people expect. Many follow the "200 Rule"; for example, 180 degrees with 20% humidity creates a balanced, comfortable heat that feels strong without being overwhelming.

Do I need a permit for an outdoor sauna?

In some areas, a sauna does not require a permit and is treated like a small shed. Often staying under 200 square feet keeps you exempt. However, local codes vary, so a quick check with your township is always worthwhile.





The Solitude

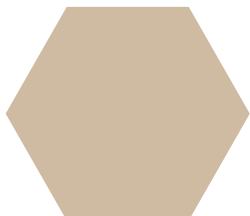
Size = 7' x 6½'
Black metal roof
Black cedar siding
Wood-fired stove





The Cove

Size - 5½' x 7'
Bronze metal roof
Smoke siding
Electric stove





The Cabana



Size = 8' x 21'
Black metal roof & siding
Cedar porch
& cedar overhangs
Poly nutmeg cabinet
with black countertop



Options



Square Vent



Round Vent



Thermometer & Hygrometer



Sand Timer



Wooden Pail & Ladle



Under-Bench Lighting



Gable Strip Lighting



Soffit Lights

Heaters

(additional heater options available upon request)



Electric Huum



Wood-Fired Huum



Electric Harvia

Changing Rooms

Customizing is what we specialize in! Feel free to show us your ideas. We offer Free Quotes.



Vanity, Mirror & Lights



**Kohler Toilet, 36" Shower with Glass Front
(16x25 Window)**



Cedar Changing Room with Bench

Color Options

- LP Smartpanel
- LP Lap Siding
- LP Board & Batten

Stain Options



Cedar



Smoke

Paint Options



Dark Gray



Light Gray



Bronze



Quaker Tan



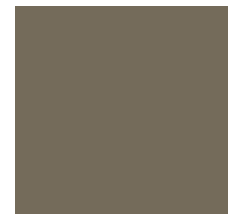
Avocado



Black



Beige

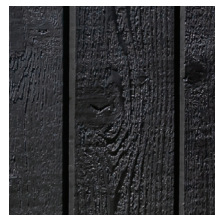


Shale

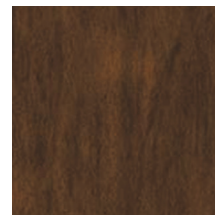
Western Red Cedar Siding



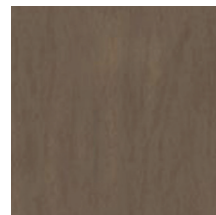
Clear Stain



Solid Black Stain



Chestnut



Blue Shadow

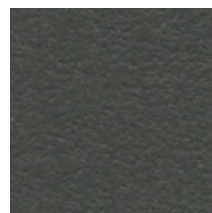


Leeward

- Standard ribbed metal roof
- Heritage style metal roof
- 1¼" Corrugated metal siding



Black



Charcoal



Light Stone



Bronze



Clay

HAPPY CAMPER COTTAGES

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For Our
Website!**